



# Mickey's Main Street, U.S.A. 5K

## Final Race Instructions

Saturday, September 5, 2009  
6:45 a.m. Race Start

**On behalf of Disney Sports Attractions, thank you for participating in the 2009 *Disneyland*® Half Marathon Weekend!**

**Safety Reminder:** For everyone's safety, **baby joggers/strollers**, bicycles, inline skates, skateboards, headphones, and animals **will be prohibited** on the course.

**Transportation Guide:** Anaheim Resort Transit provides complimentary event shuttles to race participants and their guests from their hotel to the Half Marathon. ART service is available every 20 minutes from 3:00 a.m. – 12:30 a.m., to and from participating hotels and the *Disneyland*® Resort East Esplanade. Hotels close to the Start Line will not have service. Please consult your Program Guide for participating hotel information. Please note, there will be a special drop-off at the 5K Start Line on Saturday morning. Drivers will provide an ART pass valid from September 4-6. Upon arrival, please ask hotel staff for the most updated information about transportation routes and operating schedules.

**Event Parking:** Parking is available at the Mickey and Friends parking structure. Please follow the signs for 'Theme Park - Parking'. The fee for parking is \$12.00.

**Race Location:** *Disney's California Adventure*® Park and *Disneyland*® Park.

**Bag Check:** Check your personal belongings at the baggage tent located near the Start Line, and return to that location by 10:00 a.m. to retrieve your items.

**Race Start:** The Mickey's Main Street, U.S.A. 5K is scheduled to begin at 6:45 a.m. from the Mickey & Friends Parking Structure. The 5K course takes place almost entirely inside *Disneyland*® Park and *Disney's California Adventure*® Park.

**Spectator Viewing:** Family and friends will be able to cheer participants on at the Start and Finish Lines. Due to space restrictions, there will be no viewing area available for the Mickey's Main Street, U.S.A. 5K in the theme parks, with the exception of the Finish Line on Main Street, U.S.A.

**Course Clocks:** Clocks will be located at every mile marker along the course.

**Water Stops:** Dasani® water will be available at mile 2 and the Finish Line.

**Refreshments:** Dasani® water, PowerAde®, bagels, oranges and bananas will be available at the Finish Line.

**Medical Support:** Medical personnel will be available to give emergency care, as well as tend to non-critical injuries at the finish line.

**Port-o-Lets:** For your convenience, an ample number of port-o-lets will be located near the Start Line. Please utilize existing Guest restrooms along the course and at the Finish Line.

**Pace:** We ask that you maintain a 15-minute mile pace. If this is not possible, or you are unable to finish the race, carts will be available to transport you from the course to the finish line area.

**Finisher's Medal:** All finishers will receive a specially designed medal before exiting the finish chutes.

**Weather Plan:** Mickey's Main Street U.S.A. 5K will be held rain or shine!

**Photographers:** ASI will be on the course and at the finish line taking your picture during the race. Remember to smile and keep your race number in the front uncovered and in clear view. ASI will email you your photograph proofs or you can visit [www.asiorders.com](http://www.asiorders.com) after the race to view your photos.

**Official Race Merchandise:** A variety of *Disneyland*® Half Marathon merchandise will be available during Race Weekend, at the *Disneyland*® Health & Fitness Expo and at selected *Disneyland*® Resort merchandise locations.