



**Women Run The World 15K Final Race Instructions**  
**Sunday, May 4, 2008**  
**Beginning at Animal Kingdom® and ending at Epcot®.**

**NO DAY OF RACE PACKET PICK UP WILL BE OFFERED....**  
**Please pick up your packets, pins, and theme park tickets during the**  
**Minnie Marathon Expo on Friday, May 2 and Saturday, May 3.**

**On behalf of Disney Sports Attractions, we would like to thank you for participating**  
**in the Women Run The World 15K. Good luck to all participants!!**

**Timing:** The 15K is a timed event with a 15 minute per mile pace. There will be pick up points along the course to transport you to the finish line if you are unable to maintain the 15 minute per mile pace. **(If you are picked up and transported to the finish line, you will not receive a finisher's medal.)** All timing chips will be included in your race packet. **PLEASE REMEMBER TO TURN IN YOUR CHIP AFTER THE RACE!**

**Packet Pick Up:** The times for packet pick up and waiver signing are **Friday, May 2 from 12-7 pm and Saturday, May 3 from 10-5 pm at the Expo located at Disney's Wide World of Sports Complex.** You must attend packet pick up to receive your race shirt, race packet, theme park tickets, pins, and sign your waiver. Remember to bring your photo ID. **ON SITE PACKET PICK UP OR REGISTRATION WILL NOT BE AVAILABLE ON SUNDAY, MAY 4.**

**Absentee Packet Pick Up:** If you have someone else pick up your race packet, you will need to provide that person with a copy of your driver's license or photo ID, your signed waiver, and a signed note from you authorizing that person to pick up your race packet. Please email us at: [wdw.sports.marathon.endurance@disneysports.com](mailto:wdw.sports.marathon.endurance@disneysports.com) to receive an event waiver.

**Theme Park Tickets:** **The theme park ticket can only be purchased during the race registration process and can only be picked up at packet pick up on Friday, May 2 or Saturday, May 3. Theme park tickets will not be available for pick up on race morning, Sunday, May 4.** Tickets not picked up during packet pick up will not be mailed out and will not be refunded. The Theme Park Ticket can only be used at *Epcot®* or *Disney's Animal Kingdom®* Theme Park beginning Friday, May 2 through Friday, May 16, 2008. Each day the ticket is used constitutes one full day of use. Ticket types, entitlements and prices subject to change without notice. Tickets are non-transferable and non-refundable. Parking is not included.

**Commemorative Race Pins:** **Pre-ordered pins can only be picked up at packet pick up on Friday, May 2 and Saturday, May 3.** Pins not picked up during packet pick up will not be mailed out and will not be refunded. A limited number of pins will be available for purchase at the Disney Merchandise location at the Expo.

**Waivers:** A release and indemnity form must be completed and signed by each participant at packet pick-up, either on Friday, May 2 at the Expo or Saturday, May 3 at the Expo. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. Please remember to bring your photo identification.

**Bib Numbers:** Each runner or walker will be given a bib number at packet pick up. Please wear the bib number centered on the front of your shirt. It is the responsibility of the runner or walker to wear the bib number during the race. If a runner or walker is seen without their bib number on while on the course, they will be removed from the course for Security and Safety reasons.

**Race start:** The 15K will start promptly at 6:15 am in Disney's Animal Kingdom® parking lot. **Please arrive no later than 5:45 am. Road closures will begin at 5:45 am.**

**Pace Groups:** Please note that pacing signs will be placed in the start line chute indicating where you should line up according to your personal mile running or walking pace. The pace groups are as follows: 7 minutes and under, 7:01-9 minutes, 9:01-11 minutes, 11:01-13 minutes, 13:01-15 minutes, and walkers. Please be conscious of and courteous to your fellow runners and walkers and line up in the correct pace group for your personal pace.

**Race Course:** The 15K will begin at Disney's Animal Kingdom® Theme park, continue through the *Disney Hollywood Studios*™, and finish at Epcot®.

**Water Stops and Medical Stops:** There will be 5 water stops and 1 medical stop along the 15K course. There will be a medical tent at the finish line. There will also be a medical bike team on the course riding along with the participants.

**Restrictions:** For everyone's safety, baby joggers/strollers, bicycles, inline skates, skateboards, headphones, and pets are prohibited on the 15K course.

**Spectator Viewing:** Spectators are encouraged to view the 15K from the start at Disney's Animal Kingdom® or at the finish line at Epcot®. There are no viewing areas along the course.

**Photographers:** ASI photographers will be on the course and at the finish line taking your pictures throughout the race. Please visit: [www.asiorders.com](http://www.asiorders.com) after the race to view and purchase your race photos. The photos usually take a week to be posted on the web site. You will need your bib number to access your photos. Please remember to smile and wear your bib number centered on the front of your shirt.

**Baggage Claim:** There will be a baggage drop off location at Disney's Animal Kingdom® for those participants needing this service. Your baggage will be transported over to Epcot® where you will be able to retrieve it after the race. The bottom tear tag on your bib number will be attached to your bag when you drop it off at Animal Kingdom® and your race bib number will be used to verify the bag you are picking up after you finish at Epcot®. Disney is not responsible for any lost or stolen items. Please do not leave anything valuable at Baggage Claim.

**Awards:** Every finisher receives a medal.

\* There will be no awards given to male participants.

\* Awards will be given to the top 3 overall females, the top 3 Military females, Women's Masters Champion, and Women's Wheelchair Champion. These awards are based on gun time.

\* Awards will be given to the top 3 female finishers in each age group divisions. Age divisions are: 11-13, 14-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over. These awards are based on chip time.

\* Awards will be given to the top 3 Mother/Daughter Teams, the top 3 Sister/Sister Teams, and top 3 Open Teams. These awards will be based on chip time.

\*The Award Ceremony will begin at the conclusion of the Kids' Races (*approximately 9 am*) in the finish line area at Epcot®.

**Race Results:** Race results will be posted on our web site within 24 hours of race conclusion.

**Disney's Kids' Races presented by Heelys®:** Online registration will be available through Wednesday, April 30 at: [www.disneyenduranceseries.com](http://www.disneyenduranceseries.com)

Walk up registration and packet pick up will be available at the Expo at Disney's Wide World of Sports on Friday, May 2 from 12-7 pm and Saturday, May 3 from 10-5 pm; and Sunday, May 4 from 6:30-8:30 am in the Kids' Race Registration tent in the Imagine Lot at Epcot®. The registration fee is \$5.00 and payable by cash or check. Each registered participant will receive a participant shirt and a finisher's medal.

**The kids' races will begin at approximately 8:45 am following the conclusion of the 15K. Please be to your start line by 8:30 am.**

The **RUNNING** kids' races are open to participants 1-11 years old.

100 meter dash: 1-3 years old (Green start) 200 meter dash: 4-6 years old (Yellow start)

400 meter run: 7-8 years old (Blue start) 800 meter run: 9-11 years old (Red start)

**\*\*The HEELYS® KIDS' RACE AND ROLL is open to participants 8-14 years old.**

200 meter dash with obstacles along the way (Yellow start)

**\*\*Participants in the Heelys® Kids' Race and Roll must own their own pair of Heelys® shoes, provide protective head gear, kneepads, elbow pads, and wrist guards. No exceptions will be made and no protective gear will be available on site. The participant must wear the proper safety gear during the race or they will not be allowed to participate.**

There are no refunds or exchanges for failing to bring the appropriate safety gear.

**Transportation:** Transportation will be provided to guests and participants who wish to park at the finish at Epcot® before the race and be bused over to the start at Animal Kingdom®. Buses will begin running at 4:30 am from Epcot®. **The last bus to Animal Kingdom® will leave at 5:45 am from Epcot®. If you arrive later than 5:45 am, there will not be any transportation to Animal Kingdom®. You will need to drive your car. (Road closures will begin at 5:45 am.)** If you decide to drive to the finish at Epcot® and take a bus to the start, please place the Parking Voucher provided to you in your race packet in your car window so you will not be charged to park at Epcot®.

There will also be buses at Animal Kingdom® to transport guests from the start to the finish at Epcot® once the race has begun.

There will be bus transportation provided to runners and guests from the finish at Epcot® back to Animal Kingdom® after the race to retrieve your cars. Once again, if you decide to drive to Animal Kingdom® in the morning and leave your car there during the race, then please display the provided Parking Voucher in your car window so you will not be charged to park at Animal Kingdom®.

Guests may also choose to drive themselves to watch their participant start at Animal Kingdom® and then drive to the finish at Epcot® to pick them up. If you decide to do this, please display the provided Parking Voucher in your car window so you will not be charged to park at Animal Kingdom® or Epcot®. Once you leave Animal Kingdom® to drive to Epcot®, please expect some traffic delays due to the runners being on the roadways.

**THERE WILL BE NO GENERAL RESORT TRANSPORTATION FOR THIS EVENT. IT IS THE RESPONSIBILITY OF THE PARTICIPANT TO PROVIDE THEIR OWN TRANSPORTATION.**

**Princess Package:** Resort transportation will be available for this event **ONLY** if you purchase the Princess Package thru Anthony Travel. Please contact Anthony Travel at 1-800-736-6377 for more information on our Minnie Marathon Princess Package. (If you are staying at Disney's Animal Kingdom Lodge, but did not book through Anthony Travel, then you are not eligible for the provided transportation.) There is no other resort transportation provided for this event!

**Rain Plan:** The race will be held rain or shine. If there is lightning in the area, however, the race will either have a delayed start or depending on the intensity of the weather, cancelled. The determination will be made by the Disney Sports Event staff.

**The Walt Disney World Lightning Policy is as follows:**

Event operations will shut down when lightning is 6 miles out from the event areas. Event operations will not resume until the lightning is 6 miles out moving away from the event areas. Sports Manager will determine this using the \*Flash to Bang Rule\* and weather radar. The Sports Manager will consult with the Theme Park and Resort Partners and Walt Disney World Security on a course of action to utilize the operational rain plan, delay the event, or cancel the event.

\*Flash to Bang Rule\* is applied by measuring the time (in seconds) between a visual lightning "Flash" and hearing the resulting "Bang". This time is then divided by a factor of "5" to obtain distance in miles. For example, 30 seconds between "Flash" and "Bang" divided by "5" equals 6 miles.

**As a reminder, the registration fees are non-refundable and non-transferable.**

**Race Beneficiary:** Money raised from this event, including participant pledges, will help support the American Heart Association and their Go Red For Women campaign.

**Please remember to thank your race volunteers and have a great race!**

# Lady Foot Locker®

