



2008 WALT DISNEY WORLD® Marathon Weekend

SEMINAR SPEAKERS

Keith Brantly, 1996 US Olympic Team in marathon and US National Champion

Nancy Clark, MS, RD, Internationally known Sports Nutritionist, author of *Nancy Clark's Food Guide for Marathoners: Tips for Everyday Champions*, regular contributor to *Runner's World* Magazine and national nutrition consultant to Leukemia and Lymphoma Society's Team in Training

Patti Dillon, Former US distance record holder (from 5 mile to the marathon and world records in the ½ marathon and 30k). First US woman to run the marathon in under 2 ½ hours, Member, **National Distance Running Hall of Fame, RRCA Hall of Fame** and **Honolulu Marathon Hall of Fame**

Lisa Dorfman, MS, RD, LMHC, Author of the *Vegetarian Sports Nutrition Guide*, Sports Nutritionist for the University of Miami Athletic Department, Adjunct Professor in the Exercise Science department and competitor in over 32 marathons (PR 2:52:32)

Jeff Galloway, US Olympian (10,000m and marathon alternate), coach to over 250,000 people and author of dozens of books including *Galloway's Book on Running*, *Running Until You're 100*, and *Half Marathon: You Can Do it!*

Jenny Hadfield, Co-author of the best-selling *Marathoning for Mortals* and *Running for Mortals*, columnist for *Health Magazine*, writer for *Runnersworld.com*, and co-owner of Chicago Endurance Sports

Kevin Hanson, Coach, **Hanson-Brooks Olympic Distance Project** and co-owner of Hansons Running Shop, one of the **top four of 50 Best Running Stores in America**

Hanson-Brooks Olympic Development Program Team: Chad Johnson (2:15 at '07 Olympic Trials), **Patrick Rizzo** (2:18 at '07 Olympic Trials), **Allen Wagner** (2:18 at '07 Olympic Trials), **Fred Joslyn** (All-American at SUNY Cortland and NCAA Div III National Champion) plus three women preparing for '08 Olympic Trials in Boston: **Lori Stich Zimmerman** (2:37 marathon), **Yolanda Flamino** (2:43 SF Marathon Champion), and **Renee High** (2:46 marathon)

Jon Hughes, Race Director, **WALT DISNEY WORLD® Marathon**, past **National Road Race Director of the Year** and co-owner of **Track Shack**, as one of the **top four of 50 Best Running Stores in America**

Kim Jones, '06 Champion Disneyland Half Marathon, **ranked 6th** (2:26:40) on the all-time **US Women's Marathon list**, two-time Twin Cities Marathon Champion, top 3 finisher at NYC, Houston, and Chicago Marathons

Creigh Kelley, Announcer for the Endurance Series at the WALT DISNEY WORLD® Resort and has worked with triathlon and running events around the world for the past 28 years including ITU World Championships, Olympics and Olympic Trials

Dave McGillivray, Director of the BAA Boston Marathon. Member, **Running USA Hall of Champions**, Past **National Race Director of the Year**, Member of the *Runner's World* "Heroes of Running", Creator of the **DMSE Children's Fitness Foundation** and co-author of *The Last Pick: The Boston Marathon Race Director's Road to Success*

Dr. Tommy Owens, National Training Coordinator, Leukemia and Lymphoma Society Team in Training Program

Bill Rodgers, US Olympic Marathoner '76, and 4 time winner BAA Boston Marathon and ING New York City Marathon, ranked 1st in the world 3 times in the marathon!

Jim Ryun, 3-time Olympic runner '64, '68, '72, silver medalist 1500 ('68), and former world record holder in the mile and author of *Heroes Among Us*, former Congressman, State of Kansas

Jon Sinclair, Top-ranked road racer in the world for 10 years in '93 by *Runner's World*, past open winner of Peachtree, Bloomsday and Columbus Marathon

Mark Will-Weber, **WALT DISNEY WORLD® Marathon** Announcer, college coach and author of the *Quotable Runner* and contributing writer for *Runner's World*

Speakers, times, and topics are subject to change without notice



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SPEAKER SCHEDULE

(all sessions moderated by **Creigh Kelley**)

Thursday, January 10, 2008

- 3:30-4:30 pm **Coach Jenny Hadfield**, "Last Minute Tips for a Magical Race"
- 4:30-5:30 pm **Bill Rodgers**, only American to win the BAA Boston and ING New York Marathon 4 times and ranked 1st in the world 3 times in the marathon, "Up Close and Personal Q and A with the Country's Favorite Legend"
- 5:30-6:30pm **Dave McGillivray**, BAA Boston Marathon Race Director and co-author of **The Last Pick: The Boston Marathon Race Director's Road to Success**, will inspire you to reach your goals, big or small
- 6:30-7:00 pm **Jon Hughes**, **WALT DISNEY WORLD® Marathon** Race Director will be joined by BAA Boston Marathon Race Director, **Dave McGillivray** to provide "Last Minute Tips and Information" and "Goofy's Challenge Review"

Friday, January 11, 2008

- 12:30-1:00 pm **Dr. Tommy Owens**, noted national speaker and National Training Coordinator, Leukemia and Lymphoma Society, "Running and Walking for A Charity: How to Succeed for the Charity and the Event"
- 1:00-1:45 pm **Coach Jenny Hadfield** and **Coach Kim Jones**, "Last Minute Tips for a Magical Race"
- 1:45-2:30 pm **Hanson-Brooks Olympic Distance Project** coached by **Kevin Hanson**, Meet the members of the remarkable team from Michigan that form the nucleus of Hanson-Brooks development squad
- 2:30-3:30 pm **Jeff Galloway**, '72 Olympian & preferred coach of thousands, "Running Until You're 100"
- 3:30-4:15 pm **Nancy Clark, MS, RD**, internationally known Sports Nutritionist and regular contributor to *Runner's World* Magazine, "Fueling for Sports: What to Eat Before, During and After Exercise"
- 4:15-5:15 pm **Return of the Legends!** Moderated by **Dave McGillivray** and **Creigh Kelley**, a panel of remarkable athletes will motivate you with their stories and insights into our world of distance running for the past 30 years! Featured will be **Bill Rodgers, Jeff Galloway, Patti Dillon, Kim Jones, Jim Ryun, Jon Sinclair** and **Keith Brantly**
- 5:15-6:00 pm **Jon Hughes**, **WALT DISNEY WORLD® Marathon** Race Director will be joined by BAA Boston Marathon Race Director, **Dave McGillivray** to provide "Last Minute Tips and Information" and "Goofy's Challenge Review"

Saturday, January 12, 2008

- 11:00-11:45 am **Jeff Galloway**, '72 Olympian & preferred coach of thousands, "Tips to Run your Personal Best"
- 11:45-12:30 pm **Nancy Clark, MS, RD**, internationally known Sports Nutritionist and regular contributor to *Runner's World* Magazine, "Fueling for Sports: What to Eat Before, During and After Exercise"
- 12:30-1:15 pm **Hanson-Brooks Olympic Distance Project** coached by **Kevin Hanson**, meet the members of the remarkable team from Michigan that form the nucleus of the Hanson-Brooks development squad
- 1:15-2:00 pm **Mark Will-Weber, Kevin Hanson** and **Jon Sinclair**, top national coaches, "How to Avoid Injury, Increase Performance and Enjoy Running for a Lifetime"
- 2:00-3:00 pm **Return of the Legends!** Moderated by **Dave McGillivray** and **Creigh Kelley**, a panel of remarkable athletes will motivate you with their stories and insights into our world of distance running for the past 30 years! Featured will be **Bill Rodgers, Jeff Galloway, Patti Dillon, Kim Jones, Jim Ryun, Jon Sinclair** and **Keith Brantly**
- 3:00-3:45 pm **Coach Jenny Hadfield** and **Coach Kim Jones**, "Last Minute Tips for a Magical Race"
- 3:45-4:30 pm **Lisa Dorfman**, "The Running Nutritionist" unmask the secrets of great nutrition for active people!
- 4:30-5:00 pm **Jon Hughes**, **WALT DISNEY WORLD® Marathon** Race Director will be joined by BAA Boston Marathon Race Director, **Dave McGillivray** to provide "Last Minute Tips and Information" and "Goofy's Challenge Review."

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