



National Kidney Foundation™
of FLORIDA

Final Race Instructions
Saturday, March 3, 2007 Epcot®

On behalf of Disney Sport Attractions and the National Kidney Foundation, we would like to thank you for participating in this year's National Kidney Foundation 5K for Organ and Tissue Donation Awareness.

Timing: Sommer Sports will be handling the distribution of your timing chips. All timing chips will be handed out the morning of the race. The chips can be picked up beginning at 5:45 am at the tables near the start line. You must have your bib number to pick up your chip. The chips will be collected at the end of the race once you cross the finish line. **PLEASE REMEMBER TO TURN IN YOUR CHIP BEFORE YOU LEAVE!**

Primary Packet Pick Up: The primary time for packet pick up and waiver signing is **Friday, March 2, 2007 from 5-9 pm at the Secondary Box Office at Disney's Wide World of Sports Complex.** You must attend packet pick up to receive your race shirt, race packet, and sign your waiver. Remember to bring your photo ID.

Late Race Registration and Late Packet Pick up: Late race registration and packet pick up will begin at **5:45 am** in the Imagine Lot at Epcot and **end at 6:45 am.** You must attend packet pick up to receive your race shirt, race packet, and sign your waiver. Remember to bring your photo ID. **Registration on race morning is \$25 and payable only by check or cash.**

Waivers: A release and indemnity form must be completed and signed by each participant at packet pick-up, either on Saturday, March 2 or Sunday, March 3. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. Please remember to bring your photo ID.

Bib Numbers: Each runner will be issued a bib number at packet pick up. It is the runners' responsibility to wear the bib during the race. If a runner is seen without their bib number while running on the course, they will be removed from the course for Security and Safety Reasons.

Race start: The race will start promptly at 7 am in the Imagine Lot at Epcot®.

Race Course: Starting outside Epcot®, participants will enter the park to discover Test Track, Spaceship Earth, Fountain of Nations, and the eleven countries of World Showcase.

Water and Medical Stop: There will be 2 water stops along the course and medical personal at the finish line.

Kid's Races: The kid's races are free and available to children 11 years or younger. (Distances vary by age.) Registration will take place at the Kids' Race Registration tent in the Imagine Lot before and during the 5K race. The races will begin after the completion of the 5K. The distances will vary depending on the number of kid's and their age.

Photographers: There will be photographers on throughout the course. Please visit: www.kidneyfla.org to view your photos. Photos will be posted within 72 hours of the race conclusion.

Restrictions: For everyone's safety, baby joggers/strollers, bicycles, inline skates, skateboards, headphones, and pets are prohibited on the course.

Rain Plan: The race will be held rain or shine. If there is lightening in the area, however, the race will either have a delayed start or depending on the intensity of the weather, cancelled. The determination will be made by the Disney Sports Event staff.

The Walt Disney World Lightning Policy is as follows:

Event operations will shut down when lightning is 6 miles out from the event areas. Event operations will not resume until the lightning is 6 miles out moving away from the event areas. Sports Manager will determine this using the *Flash to Bang Rule* and weather radar. The Sports Manager will consult with the Theme Park and Resort Partners and Walt Disney World Security on a course of action to utilize the operational rain plan, delay the event, or cancel the event.

Flash to Bang Rule is applied by measuring the time (in seconds) between a visual lightning "Flash" and hearing the resulting "Bang". This time is then divided by a factor of "5" to obtain distance in miles. For example, 30 seconds between "Flash" and "Bang" divided by "5" equals 6 miles.

No Refunds will be given even if the event is rained out!

Awards: Awards will be given to the top 3 overall males and females and the top male and female organ recipients.

Baggage Claim: There will be no baggage claim for this event. Please leave all purses, wallets, bags, etc. in your vehicles. **We are not responsible for any lost or stolen items or articles.**

Transportation: There is no transportation provided for this event. Each participant is responsible for providing their own transportation to and from the event.

Spectator Viewing: Spectators are encouraged to view the 5K start and finish in the Imagine Lot at Epcot. **There will be no viewing areas along the course.**

Race Results: Please visit the following website for race results:

www.sommersports.com/results/2007/nkf

Results will be posted on line at the conclusion of the race.

Race Beneficiary: Money raised from this event, including participant pledges, will help support the National Kidney Foundation of Florida, a leader in organ donation programs.

